

Outline Teaching Plan - Year 7 PSHE

Term 1	Term 2	Term 3
Understanding yourself ORGANISING YOURSELF Organisation of time Homework Managing pocket money Developing relationships LIFE AT SCHOOL Understanding school rules Bullying and how to deal with it. Peer pressure REVISING AND STUDY SKILLS Organise revision. Learn and use techniques	Keeping healthy DIET Healthy eating Exercise and its benefits World hunger issues Growing up PUBERTY Understand and respect changes in themselves and others	Developing as a citizen LOOKING AFTER THE WORLD AROUNDYOU Recycling methods At home, at school, elsewhere Air pollution: global issue Developing as a citizen RIGHTS AND RESPONSIBILITIES Understanding right and wrong The rights of children and the law Caring for others DEVELOPING STUDY SKILLS.

Outline Teaching Plan - Year 8 PSHE

Term 1	Term 2	Term 3
<p>Keeping Healthy LIVING SAFELY Become aware of dangers and necessary precautions at home and in the street. How to respond to emergencies and get help</p> <p>Understanding yourself BUILDING CONFIDENCE Building confidence and overcoming shyness. Become aware of influences and learn to form independent opinions. Debating skills.</p> <p>STUDY SKILLS</p>	<p>Keeping Healthy SMOKING, ALCOHOL AND DRUGS Smoking, alcohol and drugs, their effects and the dangers of using them. Dealing with situations where these are present.</p> <p>Developing as a Citizen INFLUENCE OF THE MEDIA The influence of advertising and the effect of the media on their beliefs and opinions.</p>	<p>Developing relationships DIFFERENT CULTURES AND BELIEFS Looking at different ethnic groups and becoming aware of how stereotyping leads to prejudice.</p> <p>BELIEF SYSTEMS Brief look at different world religions.</p> <p>STUDY SKILLS.</p>

Outline Teaching Plan - Year 9 PSHE

Term 1	Term 2	Term 3
<p>Developing relationships BEING ASSERTIVE Learning to be confident and assertive without being aggressive. Handling social situations confidently and resisting peer pressure.</p> <p>Developing relationships STEREOTYPES AND DISCRIMINATION Racism and its consequences. Racial and gender stereotyping.</p> <p>STUDY SKILLS. Develop students' revision techniques for exams and future study.</p>	<p>Keeping Healthy SAFE SEXUAL RELATIONSHIPS Contraception. HIV.</p> <p>Developing as a Citizen SOCIETY AND PEOPLES RIGHTS Human rights as a world issue. Global issues and their role as a citizen.</p>	<p>Understanding yourself MAKING DECISIONS Thinking about the consequences of decisions made in everyday life. Handling peer pressure.</p> <p>CAREERS AND THE FUTURE Thinking about careers and future study. Identifying skills and interests Choosing the right options</p>

Outline Teaching Plan - Year 10 PSHE

Term 1	Term 2	Term 3
<p>Understanding yourself YOUR IMAGE Become aware of image and personality. Looking at individual qualities and characteristics. Eating disorders Plastic surgery</p> <p>Understanding yourself MANAGING MONEY Learn how to plan and budget. Types of bank account and how they work.</p> <p>STUDY SKILLS Develop revision skills for exams.</p>	<p>Developing relationships RELATIONSHIPS Friends Intimate relationships</p> <p>Developing relationships COPING WITH CHANGES AND CRISES Preparing to manage crises such as bereavement or divorce.</p>	<p>Keeping Healthy SMOKING, ALCHOHOL AND DRUGS Understanding reasons why people opt for or against drinking and smoking. Dangers of drug use and laws relating to this.</p> <p>Developing as a Citizen RESPONSIBILITIES AND THE LAW Be aware of their rights as young adults, consumers and employees. Understand how and why laws work and state systems for dealing with crime.</p> <p>STUDY SKILLS</p>

Outline Teaching Plan - Year 11 PSHE

Term 1	Term 2	Term 3
<p>Understanding yourself PLANNING FOR THE FUTURE Be aware of options for study or work beyond 16, the value and use of qualifications.</p> <p>Keeping Healthy FIRST AID Emergency first aid procedures.</p>	<p>Developing relationships MARRIAGE AND PARENTHOOD Look at marriage, reasons for making this choice and issues which affect its success. Be aware of issues relating to becoming a parent and the responsibilities that this entails</p>	<p>Developing as a Citizen THE ECONOMY AND THE WORLD OF WORK Introduction to how businesses work and the functioning of the economy on a national and global scale. Consider the reality of the world of work and participate in shadowing or work experience</p>